



Supporting healthy growth: Nordic perspectives on childhood obesity prevention

Date: 15 December 2026

Time: 10:00—16:15 (CEST/Danish time)

Place: WHO Regional Office for Europe, Auditorium 1
Marmorvej 51, DK-2100 Copenhagen Ø, Denmark

Language: English

Moderator: Professor Tiina Laatikainen, University of Eastern Finland

Please note: In-person attendance is by invitation only, due to the limited number of places. Online participation is open to all.

Preliminary programme

10:00 *Registration and coffee*

10:30 **Opening session**

- Welcome
- Inauguration of the conference (TBC)
- Opening remarks (TBC)
- PromoKids: 10 Years of PromoKids: Nordic Action for Healthy Growth and Childhood Obesity Prevention
Chief Specialist Päivi Mäki, Finnish Institute for Health and Welfare (THL), Finland

11:00	Keynote session - Prevention and Health Promotion in the WHO European Region Dr Kremlin Wickramasinghe, Director, Division of Prevention and Health Promotion, WHO Europe <i>Short break</i> - Socioeconomic and demographic inequalities in childhood obesity in the WHO European Region Julianne Williams, Technical Officer, Division of Prevention and Health Promotion, WHO Europe <i>Economic burden of obesity (Title TBC)</i> Katarina Steen Carlsson, Chief Scientific Officer, Lund University, Sweden
12:10	<i>Lunch</i>
13:00	Release session: Launch of new Nordic policy report on childhood obesity prevention - Key findings and policy recommendations - Decision makers' comments (TBC) - Young voices' comments (TBC)
13:55	<i>Coffee break</i>
14:20	Country Spotlight session: What is happening in childhood obesity prevention in the Nordic countries? Norway, Sweden, Iceland, Finland and Denmark (TBC)
15:15	Panel discussion
15:50	Closing remarks Knut-Inge Klepp, Special Advisor, Norwegian Public Health Institute, Norway
16:00	End of the conference

More speakers yet to be confirmed. Changes on timetable may apply in final programme.