

Annual report from the Nordic Network on Self-Regulation to the Nordic Leader Forum of Deaf blindness, 2024

Coordinator: Anette Moen

Members:

Jude Nicholas

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Aim and purpose for the network:

The Nordic Network on Self-Regulation aims to increase and spread knowledge about how professionals, caregivers, and relatives can support people with congenital deafblindness (cdb) to cope with certain emotions and behaviors during stressful situations and help people with cdb stay focused and attentive during times of stress

Meetings:

Digital meetings:

22nd of January

12th of April

4th of December

Ordinary meeting 28th of August where we focused on video analysis and prepared the presentation of the network for the Network meeting in Malmö.

Nordic Network Seminar 2024, 6th- 8th of November

Here we had a presentation of our Network, and we worked with Video- analysis from a Self- regulation perspective. All the network used different perspectives and presented this for the whole group of Network- members in NVC.

Activities (courses, publications, webinars, other):

Nordic Network Seminar 2024, 6th- 8th of November

Here we had a presentation of our Network, and we worked with Video- analysis from a Self- regulation perspective. All the network used different perspectives and presented this for the whole group of Network- members in NVC.

Plans and activities for the future:

- increase our knowledge about self- regulation, related to congenital deaf- blindness
- Use video as a method in a self- regulation perspective.
- Cooperate with the other networks
- Disseminate knowledge, contribute at the Nordic seminar in sept 2026
- Lone Rømer Jensen has taken the responsibility to illustrate a comprehensive model based on the earlier work of self-regulation. The circular model dealing with all aspects of self-regulation would aid in better understanding and in disseminating the knowledge on self-regulation. Further work will be done in the network to improve and implement this model of self-regulation.

Anette Moen, coordinator of the Nordic Network on Self-Regulation