

Creating age-friendly cities in the Nordic region

Program



15-16 October 2018

Radisson Blu Royal Park Hotel, Solna (Stockholm), Sweden

Moderator: Ted Bergdahl

Monday 15 October

12.00 – 13.00

Lunch and registration

13.00 – 14.20 Introduction

Welcome

- Arboga Senior Choir
- Welcome by *Ted Bergdahl*, moderator for the conference
- Introduction by the Swedish and Norwegian government
 - *Maja Fjaestad*, State Secretary to Minister for Children, the Elderly and Gender Equality Lena Hallengren, Sweden
 - *Åse Michaelsen*, Minister for the Elderly and Public Health, Norway

An age-friendly society is a society for all

Odd Grann, Ambassador for Oslo as an age-friendly city, Norway

14.20 – 14.50

Coffee/tea

14.50 – 16.20 Plenary session

14.50-15.20

The demographic challenge

Anders Ekholm, Deputy Director Policy & Communication, Institute for Futures Studies, Sweden

15.20 – 15.50

Age-friendly cities and communities – a worldwide network

Alana Officer, Senior Health Adviser, World Health Organization (WHO), Geneva

15.50 – 16.20

Developing age-friendly cities and communities: Challenges and opportunities

Dr. Tine Buffel, The University of Manchester, UK

16.20 – 16.30

Short break

We kindly ask all participants to take a seat in the conference room for your chosen parallel session.

16.30 – 17.45 Speed-dating with age-friendly cities in the Nordic region

The following cities will participate in the speed-dating. The presentations will be taking place in the same conference rooms as the parallel sessions.

- Oslo
- Trondheim
- Göteborg
- Uppsala
- Stockholm
- Tampere
- Halstahammar

17.45 – 18.30 Parallel sessions

- **A: Working towards age-friendly Oslo**, *Anne Berit Rafoss*, Special adviser, City of Oslo, Norway. **Moderator:** *Maria Montefusco*, Project Manager, Nordic Welfare Centre (In Scandinavian languages)
- **B: Age-friendly Gothenburg**, *Lisa Holtz*, Process leader, Urban planning, City of Gothenburg, Sweden. **Moderator:** *Lars Rottem Krangnes*, Project Manager, Nordic Welfare Centre (In Scandinavian languages)
C: To be an immigrant and influence the care of the elderly, *Mirnesa Beganovic*, assistance officer, Municipality of Linköping, Sweden. **Moderator:** *Ann Jönsson*, Project Manager, Nordic Welfare Centre (In Scandinavian languages)
- **D: Older co-researchers exploring age-friendly communities: An 'insider' perspective on the benefits and challenges of peer-research.** *Dr Tine Buffel*, The University of Manchester, UK. **Moderator:** *Lidija Kolouh-Söderlund*, Project Manager, Nordic Welfare Centre (in English with interpretation to Scandinavian languages)

19.30 Dinner and entertainment at the hotel

Tuesday 16 October

9.00 – 10.20 Plenary session

9.00 – 9.30

The fight against loneliness

Christine E. Swane, Cultural Sociologist, PhD, Director, EGV-Foundation (Social Inclusion of Older Adults), Denmark

9.30 – 10.10

Urban planning for accessibility and inclusion

Torben Schönherr, architect, Aarhus, Denmark

10.10 – 10.20

Short break

10.20 – 11.00 Parallel sessions

- **Seminar A: Dementia-friendly municipalities – the same meaning in Sweden, Denmark and Norway?** A conversation between *Barbro Ugedal* from Åfjord municipality in Norway, *Mirjam Brocknäs* from Upplands-Bro municipality in Sweden, *Dorthe Lyng* from Mariagerfjord municipality in Denmark, and *Karen Bjærth*, the Danish dementia alliance. **Moderator:** *Lars Rottem Krangnes*, Project Manager, Nordic Welfare Centre (In Scandinavian languages with interpretation to English)
- **Seminar B. Welfare Technology is not about technology but about people.** *Bengt Andersson*, Project Manager, Nordic Welfare Centre. **Moderator:** Ted Bergdahl (In Scandinavian languages)
- **Seminar C. How do cities in the Nordic region work to become age-friendly?** *Ann Jönsson*, Project Manager, Nordic Welfare Centre. **Moderator:** *Maria Montefusco*, Project Manager, Nordic Welfare Centre (In Scandinavian languages)
- **Seminar D. Preventing fall accidents.** *Harriet Wennberg*, Communication Officer, The National Board of Health and Welfare (Socialstyrelsen), Sweden. **Moderator:** *Lidija Kolouh-Söderlund*, Project Manager, Nordic Welfare Centre (in Scandinavian languages)

11.00 – 11.30

Coffee/tea

11.30 – 13.00 Plenary session

11.30 – 12.10

Design for all – housing in an age-friendly society

Ira Verma, researcher, Aalto University, Finland

12.10 – 12.40

A Nordic network of age-friendly cities – how do we continue?

A discussion between delegates from the Nordic cities.

12.40 – 13.00

End of the day and evaluation

Eva Franzén, Director, Nordic Welfare Centre

Ted Bergdahl, moderator

13.00 Take-away lunch